



Contact

Sehreen Ladak

Associate

Los Angeles **+1.310.284.5652**

sladak@proskauer.com

Sehreen Ladak is an associate in the Labor & Employment Department. She represents clients in a wide range of employment matters, including state and federal litigation, arbitration, and class actions on wage and hour, discrimination, harassment, and retaliation claims. Sehreen has experience managing every aspect of litigation, including taking and defending depositions, arguing discovery and dispositive motions, and leading trials and labor arbitrations.

Sehreen also advises clients on various employment issues, including wage and hour compliance, onboarding procedures, employment and separation agreements, handbooks, and workplace accommodations.

In addition, Sehreen has experience in evaluating labor and employment issues in connection with corporate transactions and partners with her colleagues in corporate and executive benefits departments to provide the highest level of service. She also regularly leads employee trainings on workplace conduct and has been published in trade journals on a variety of employment law topics.

Sehreen's clients come from a broad spectrum of industries, such as transportation, entertainment, healthcare, financial services, and retail. She leverages her experience to provide highly efficient, yet thoughtfully bespoke solutions to address her clients' unique needs.

During law school at USC, Sehreen was the *Southern California Review of Law and Social Justice's* Executive Submissions Editor and served as a judicial extern for an administrative judge at the E.E.O.C.

Sehreen was selected to be a Protégée for Proskauer's Women Sponsorship Program, an initiative for high performing midlevel lawyers that champions emerging leaders. She also serves as a member of the Firm's Associate Council and Asian Lawyer Affinity Group.

Practices

California Employment Law, Class & Collective Actions, Discrimination, Harassment & Title VII, Wage and Hour, Employment Counseling, Training & Pay Equity, Employment Litigation, Labor & Employment, Labor Management Relations

Education

University of Southern California Gould School of Law, J.D.
Executive Submissions Editor, *Southern California Review of Law and Social Justice*
University of Southern California, B.A.
magna cum laude, Phi Beta Kappa

Admissions & Qualifications

California

Court Admissions

U.S. Court of Appeals, Ninth Circuit
U.S. District Court, California, Central District
U.S. District Court, California, Northern District
U.S. District Court, California, Southern District

Memberships

Los Angeles County Bar Association
South Asian Bar Association

Awards & Recognition

Best Lawyers in America: Ones to Watch 2023-2025

Government Service

Judicial Extern, Hon. Kathleen Mulligan, U.S. Equal Employment Opportunity
Commission, 2014