



Contact

**Justin S. Alex**

**Partner**

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Justin S. Alex is a partner and a member of the Employee Benefits & Executive Compensation Group.

Justin advises private and public companies on all aspects of their employee benefits and executive compensation arrangements and plans.

He has particular experience in the sports industry, including employment agreements for executives at the highest levels in professional sports and the benefits and compensation aspects of numerous transactions, such as the purchase or sale of the Buffalo Bills, Carolina Panthers, Denver Broncos, Miami Marlins, Real Salt Lake, OL Reign, Professional Hockey Federation, the Licensed Sports Group Unit of VF Corporation, Full Swing Golf, and ADPRO Sports and the merger of the USFL and XFL.

In addition to Justin's general benefits and compensation practice, he spends a significant portion of his time advising employers and financial sponsors with respect to pension liabilities. He also advises the trustees of collectively bargained single-employer and multiemployer plans with respect to their administration, governance, and legal compliance.

Prior to joining Proskauer, Justin was an attorney in the Office of Chief Counsel at the Pension Benefit Guaranty Corporation (PBGC), where he gained significant experience with pension termination and underfunding issues. He also represented the PBGC in corporate bankruptcies and federal court litigation.

Justin is the co-editor of Proskauer's [Employee Benefits & Executive Compensation Blog](#) and the Hiring Partner for Proskauer's Washington office. He also serves on the Board of the Washington Lawyers' Committee for Civil Rights and Urban Affairs.

#### Practices

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Transactions and Corporate Change, Employee Benefits & Executive Compensation

#### Education

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University of Florida Levin College of Law, J.D.  
*cum laude*

Executive Research Editor, *Florida Law Review*

University of Florida, M.S.

University of Florida, B.S.B.A.

#### Admissions & Qualifications

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Florida

District of Columbia

#### Court Admissions

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U.S. District Court, Florida, Northern District

#### Awards & Recognition

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The Legal 500 United States: Labor & Employment: Employee Benefits, Executive Compensation and Retirement Plans: Design 2021-2024

Washington DC Super Lawyers Rising Star 2017-2021

Chambers USA: Washington, DC: Employee Benefits & Executive Compensation:  
Up & Coming 2023-24

#### Government Service

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Attorney, Pension Benefit Guaranty Corporation, Office of the Chief Counsel, 2011-2013