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Sydney Cone is an associate in the Labor & Employment Law Department and a member of the Employment Litigation & Arbitration Group.

During her time at Proskauer, Sydney has focused on a wide range of employment matters, including employment discrimination investigations and litigation, noncompete and trade secrets, employment and severance agreements, and handbooks and training. In addition to Sydney's litigation practice, Sydney has experience assisting on transactions that involve a myriad of labor and employment issues.

Sydney earned her J.D. *cum laude* from Tulane University Law School, where she was the Senior Online Editor of the Tulane Maritime Law Journal, a Legal Research and Writing Fellow, and co-president of Tulane Women in the Law. Prior to law school, Sydney was a paralegal at a white-collar criminal and civil litigation law firm and worked in the family law unit at a legal aid organization.

Practices

Discrimination, Harassment & Title VII, Transactions and Corporate Change, Labor & Employment, Employment Litigation

Education



Tulane University Law School, J.D.

cum laude,
Senior Online Editor, Tulane Maritime Law Journal
Haverford College, B.A.

Admissions & Qualifications

Louisiana

Court Admissions

U.S. Court of Appeals, Fifth Circuit

U.S. District Court, Louisiana, Eastern District

Memberships

Federal Bar Association

